

October 2022

The Eagle

Pastor's Page

Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:4-7



This month, we're rejoicing together as we learn more about joy from Paul in Philippians. How's the joy tank these days? I hope God has been filling yours up with the fruit of joy as we worship and share life and serve together.

If you're looking for a practical way to cope with the stresses of life, I hope you can be with us for Dr. Louisa Troemel's presentation on October 2nd after worship (see page 11) for details.

It's a big outreach month for us with the White Elephant Sale (page 10) and the Trunk or Treat event (page 4). We need all hands on deck. We see hundreds of folks on our campus during this time and it's a real opportunity to share the joys of being a part of the Saint John's family.

Finally, be sure to thank Matthew Harter and Lydia Wallace for serving as our new Youth & Children's Ministry Interns. Cindi Wallace will still be giving leadership to these important ministry areas as she trains and supports Matthew & Lydia. Cindi is teaching full-time this year at Coastal Christian School, so we're so grateful to Matthew and Lydia for sharing the load and helping to grow these ministries. See page 13 for more info.

And, if you're new, let me know if you're interested in our New Member Orientation this month on October 22nd.

God's Peace
Greg

Are you getting our weekly email updates?
Email me to get on our list.
[**greg@saintjohnsag.com**](mailto:greg@saintjohnsag.com)

Life Together

V O L N T E E R

all that's missing is U!

White Elephant & Bake Sale –
Friday October 7th and Saturday
October 8th, starting at 8 am each
day; closed at 1 pm on Friday and
noon on Saturday. More info on
page 10. Help needed!

Spooktacular Trunk-or-Treat Party
Sunday October 30th 5 – 7 pm
Dinner, games, dessert walk, and
crazy cool Trunk–or–Treatin'. Details
on page 4. Help needed!

Coping with the Aftermath of the Pandemic, Anxiety, & Stress
A Conversation with Dr. Louisa Troemel
Sunday, October 2nd at 12:30 pm See page 11.

New Member Orientation Saturday, Oct. 22nd, 9 am

Interested in membership at Saint John's? Want to know more about what makes us tick? Curious about what we believe? Want to get more involved? Then this orientation class is for you. We'll meet Saturday, October 22nd from 9am and end with lunch together. Do you need childcare? Please, let us know. Join Pastor Greg and Cindi for a fun morning of learning together. Talk to Greg if you're interested.

You Can Join Us Online or In-Person for Sunday Worship

Contemporary – 9:30 am

Traditional – 11:00 am

Youth & Children's Ministry



Sunday, October 30th 5- 7 pm

Join us for a Spooktacular Trunk-or-Treat Party. Join us for a simple dinner followed by all kinds of fun, games, dessert walk, and crazy cool Trunk-or-Treating.

Lots of ways to help:

1. Invite your friends and neighbors. This is a great opportunity for outreach and welcoming new folks to our campus!
2. Decorate your vehicle's trunk and pass out Halloween candy to the Trunk-or-Treaters! A simple to extravagant trunk - it's up to you!
3. Help in the kitchen.
4. Bake up some Spooktacular dessert treats.
5. Give an hour of your time to help with set up or clean up.
6. Donate a bag of individually wrapped candy.

Bibles for 3rd graders (and older!)

What better time to get kids excited about the Bible than on **Reformation Sunday!** We will hold our **Bible class on Sunday morning, October 23 from 11 am - 1 pm** for children in 3rd-6th grade. Lunch provided. Sign up with Cindi!

Youth & Children's Ministry

**SAVE
THE DATES!**



Winter Camp

When: March 3-5, 2023

Grades: 7-12

Where: Hume Lake

Cost: \$50 per student
plus spending cash



Limited Spots Available!
Get your \$50 deposit in early
to guarantee your spot for this
Riverboat trip!

Grades: 7-12

When: July 16-22, 2023

Where: Lake Shasta, California

Cost: \$100 for member students with fundraising participation!


Non-member friends: \$500

July 10-14, 2023



Youth & Children's Ministry




SCRIPTURE PUMPKIN CALENDAR



This month your family will be reading verses from one of Paul's letters found in the New Testament and then writing those verses on a pumpkin!

This calendar contains the Scripture you will be reading. After you read, grab a black Sharpie, write out the Bible verse, and create a pumpkin filled with Scripture!

HAVE FUN READING GOD'S WORD & CREATING A SCRIPTURE PUMPKIN!

1	2	3	4	5	6	7	
Romans 5:8	Romans 8:26	Romans 8:28	Romans 8:31	Romans 10:9	Romans 14:13	Romans 15:14	
8	9	10	11	12	13	14	
Philippians 1:3	Philippians 2:3	Philippians 2:14	Philippians 3:14	Philippians 4:4	Philippians 4:6	Philippians 4:13	
15	16	17	18	19	20	21	
Ephesians 1:3	Ephesians 2:8	Ephesians 2:10	Ephesians 3:14-15	Ephesians 4:2	Ephesians 5:1-2	Ephesians 6:1	
22	23	24	25	26	27	28	
Colossians 1:15	Colossians 1:16	Colossians 3:2	Colossians 3:12	Colossians 3:13	Colossians 3:15	Colossians 4:2	
			For more faith ideas for your family, visit: www.familyfaithbuilders.org				

Youth Group Sunday Nights

Students in 7th-12th grade are encouraged to join us for snacks, games & discussion Sunday nights from 6-8 pm! This is a great night to invite a friend! Now is the time to plug back in, build friendships and grow in your faith.

KidsChurch Overview

Heroes of the Bible: Imperfect People Pointing to a Perfect Savior



This year-long curriculum examines the lives of 12 heroes of the Bible. Their courage shows us how we can be bold for Jesus. Their faith shows us how to live for Jesus. Their failures show us how Jesus can love anyone and use anyone for God's kingdom.

Dress a Girl



In September, Dress a Girl received a call from one of the local Operation Christmas Child coordinators, to see if we had 75 size 2 and size 4 dresses.

Unfortunately, I had just given all of our dresses to another group, but I did have 10 size 4's and one size two. So in October, we will be making just those two sizes. If just 10 people will commit to

making six dresses each over this month, we will have enough to fill the request. Will you commit to six dresses? Even one or two will help. Thanks, Saint John's for supporting the Dress a Girl ministry.

Our next workshop is October 1st from 9 am to 2 pm. During the month of October, I will also have kits available in a bin outside the Office Door under the overhang. All finished dresses will need to be brought to me by Thursday Oct. 27th.

Scarf & Hat Knitting

The Knitting group making scarves and hats for the homeless and needy meets every second Wednesday. We always have a great time of Fellowship and we'd love to share that fellowship with you! If you don't knit, it's OK – we can teach you and we have everything you need to get started. At the end of the year, we usually distribute the scarves and hats along with the Youth Group. It's an experience you will never forget!

As part of our effort to Embrace the Broken, this year we will be making a few simple quilts to hand out with the hats and scarves. I have been in the process of trying a few simple patterns that actually take about the same amount of time as knitting a scarf! If you are interested in helping with the quilts, give me a text or call 805-710-7941. Pam

October 2022

Sunday	Monday	Tuesday
25 Lopez Lake Church Campout 9:30am NO KidsChurch 9:30am Worship 11:00am Worship	26 11:00am Heavenly Handbells 2:00pm Stephen Min.	27 10:00am Morning Bible Study 1:00pm Staff Mtg 6:00pm Instrumental Ensemble
2 9:30am Family Sunday – NO Kids Church, Worship & Communion 11:00am Worship-Holy Communion 12:30pm Stephen Ministry – Dr. Louisa Troemel Presentation 6:00pm Youth Group	3 White Elephant Set-up 11:00am Heavenly Handbells	4 White Elephant Set-up 10:00am NO Morning Bible Study 6:00pm Instrumental Ensemble
9 9:30am KidsChurch 9:30am Worship 11:00am Worship 6:00pm Youth Group	10 Columbus Day – Office Closed 11:00am Heavenly Handbells 1:00pm Global & Community Mission s	11 10:00am Morning Bible Study 11:30am Chapel People's Kit. 6:00pm Instrumental Ensemble
16 9:30am KidsChurch 9:30am Worship-Holy Communion 11:00am Worship-Holy Communion 6:00pm Youth Group	17 11:00am Heavenly Handbells 6:30pm Council Mtg	18 10:00am Morning Bible Study 6:00pm Instrumental Ensemble
23 9:30am KidsChurch 9:30am Worship 11:00am Worship 11:00am Bible Class for 3 rd -6 th grade – Lunch provided 6:00pm Youth Group	24 11:00am Heavenly Handbells 2:00pm Stephen Min.	25 10:00am Morning Bible Study 1:00pm Staff Mtg 6:00pm Instrumental Ensemble
30 Reformation Sunday 9:30am KidsChurch 9:30am Worship 11:00am Worship 5:00pm Trunk or Treat	31 10:30am OA Meeting 11:00am Heavenly Handbells	1 All Saints Day 10:00am Morning Bible Study 6:00pm Instrumental Ensemble

October 2022

Wednesday	Thursday	Friday	Saturday
28	29 6:00pm Worship Team 6:30pm Chancel Choir 7:00pm Property Comm	30 OFFICE CLOSED 10:00am AG Knitting	1 9:00am Dress A Girl Workshop 9:00am Property Day
5 White Elephant Set-up	6 White Elephant Set-up 6:00pm Worship Team 6:30pm Chancel Choir	7 OFFICE CLOSED 8:00am White Elephant & Bake Sale 10:00am AG Knitting	8 8:00am White Elephant & Bake Sale
12 9:00am Knit a Scarf	13 6:00pm Worship Team 6:30pm Chancel Choir	14 OFFICE CLOSED 10:00am AG Knitting	15 11:30am Scleroderma Support Group
19	20 6:00pm Worship Team 6:30pm Chancel Choir	21 OFFICE CLOSED 10:00am AG Knitting	22 9:00am New Member Orientation
26	27 6:00pm Worship Team 6:30pm Chancel Choir	28 OFFICE CLOSED 10:00am AG Knitting	29
2	3 6:00pm Worship Team 6:30pm Chancel Choir 7:00pm Property Comm	4 OFFICE CLOSED 10:00am AG Knitting	5 9:00am Property Day

Women's Ministry



Coming Soon!!!

White Elephant & Bake Sale

Friday & Saturday - October 7th & 8th



Hours of the sale: Friday October 7th 8:00 AM -1:00 PM &
Saturday October 8th 8:00 AM -12:00 PM

Clothing: We are only accepting Jackets, Coats, Cardigan Sweaters and shoes. Items must be clean, without tears or rips.

What to Donate: household items, glassware/china, antiques, sporting goods, tools, garden equipment, jewelry, purses, linens, holiday items, books, CDs, games, toys, small electrical items and appliances and small pieces of furniture. **ALL ITEMS MUST BE IN WORKING CONDITION!!**

What not to Donate: Large pieces of furniture/appliances, magazines, textbooks, VHS/Cassette tapes, cosmetics, lotions, and perfumes (even if unopened).

When to Donate: Bring donations to Ouimette Hall on Mon 10/3 thru Thurs 10/6 from 8:30 AM – 1:00 PM. **No donations will be accepted after Thursday!!**

Baked Goods: May be dropped off from 9:00 AM Thursday 10/6 until 12:00 PM on Friday morning 10/7.

Volunteers: We need your help in the following ways:

1. Setting up Ouimette Hall on Sunday 10/2 after 1st service.
2. Help with unpacking, pricing and staging articles on Mon 10/3 –Thur 10/6 8:30 AM – 1:00 PM.
3. Cashiers and Floor Workers to arrive at 7:30 AM on Fri and Sat for the sale.
4. Help with cleaning up the hall after the sale on Saturday and on Mon.
5. Men - need your help with set up and selling in the Man Cave.

Rena Weiger & Kay Werner - White Elephant & Bake Sale Co-Chairs

Help Needed

The Women's Ministry is no longer capable of doing a monthly kitchen cleaning. We are asking anyone who uses the kitchen to clean up after themselves. A Clean Up Guide will be posted in the kitchen. If everyone does their part, the kitchen will be clean for everyone's use. Thank You! Women's Ministry Board.

Stephen Ministry

Coping with the Aftermath of the Pandemic, Anxiety, & Stress

A Conversation with Dr. Louisa Troemel

Sunday, October 2nd 12:30pm

The last few years have brought tremendous challenges to our faith communities. In addition to the normal stresses of mortal life, we have been through the COVID pandemic, with the associated “pandemic fatigue,” masks and lockdowns. This was especially painful and heartbreaking for many churches, for those already dealing with illnesses, and for seniors living in independent/assisted living facilities. Add the increasing political divisiveness, which is spilling into the faith community, and pulling many families apart, and you have a recipe for a deep need for God now more than ever.



Have you felt more stress in your life? Feeling discouraged? Scriptures give us lots of guidance and comfort for such times, and there is no substitute for faith. That said, there are other things you can do in your daily life in dealing with stress and coping. God has blessed us with a true expert in our congregation in Dr. Louisa Troemel, who is not only on Saint John's Church Council, but is also licensed Psychologist and licensed Marriage and Family Therapist working for the California Dept. of Corrections and Rehabilitation, at the California Men's Colony, where she specializes in High-Risk Management and teaches Custody Partnership and Suicide Prevention. She maintains a private practice in San Luis Obispo. Dr. Troemel has generously agreed to share some of her experience and insights with us after the traditional worship service on **Sunday, October 2, at 12:30 pm in Ouimette Hall**. This is for educational purposes only, and is not therapy, nor a solicitation for business. Please join us on October 2 for a short presentation by Louisa, with open Q&A to follow. Sponsored by Saint John's Stephen Ministry. Light snacks provided.

Council Highlights

Summary of Council meeting of Monday, Sept 19th:

- Budget input from Committees due to Council now, before the October Council meeting.
- Janice Goodwin has been voted in as the Vice President of Council.
- An internal audit of financial processes has begun.
- Stewardship will be discussed with the congregation in early November.
- A re-organization of the Youth and Children's Ministry was discussed and approved. Pastor Greg will discuss this exciting improvement.

<u>Income/Expenses:</u>	<u>August 2022</u>	<u>YTD</u>
Income	\$ 27,528	\$ 220,129
Expenses	28,743	<u>\$ 265,230</u>
	\$ -1215	\$ -45,101

Address Changes for your Directory

Steve & Cindi Perry
12632 Ridgepath Lane
Knoxville, TN 37942
408-529-0795
steveandcyndi@gmail.com

Carol Burton
c/o Joel Gilreath
1775 Wasburn Way #74
Klamath Falls OR 97603
541-539-5918
burtoncarol22@yahoo.com

Meet the Team

New College Interns for Youth and Children's Ministry starting this month!

Matthew Harter - Youth Ministry College Intern

Matthew is a student at Cal Poly who has been active at Saint John's. He currently serves in our media booth each Sunday. He will serve under Cindi's leadership in our Jr. & Sr. High Youth Ministry. Matthew is a Business major at Cal Poly. His parents have been missionaries reaching Muslims in the middle east for decades. In fact, Matthew was born in Syria.



Lydia Wallace - Children's Ministry College Intern

Lydia is a student at Cal Poly who has been active at Saint John's. She is a 2nd year Child Development major with lots of experience with children. She has been serving in our Nursery & KidsChurch at Saint John's. She will be serving under Cindi's leadership, focusing on KidsChurch.

Cindi Wallace will remain our Director of Youth & Children's Ministry

but will be working fewer hours. Cindi has taken a teaching position at Coastal Christian School. This staff adjustment will have no budget impact as we're simply shifting hours around. Be sure to pray for the team as they get rolling this month.



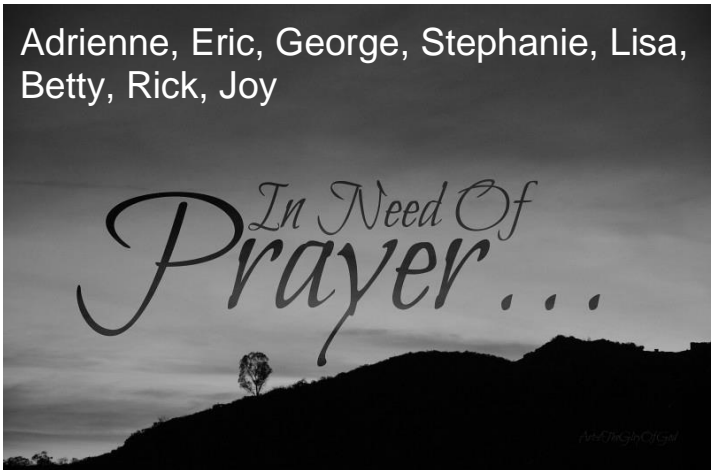
OCTOBER

BIRTHDAYS ANNIVERSARIES

CORRELL, STEPHEN	10/2
REILLY, MEGHAN	10/2
VARLEY, SANDY	10/3
BERCH, BRENT	10/3
KLEIST, KEN	10/5
HOUSTON, ANNA	10/6
MC COID, HEATHER	10/6
POTTER, CHARLOTTE	10/10
HART, MONA	10/11
RAVERA, MARK	10/12
LEBENS, SANDY	10/13
KERMOYAN, SANDRA	10/15
OUIMETTE, RANDY	10/16
BRANTINGHAM, SANDY	10/16
MURASKI, DIANNA	10/17
CZIRAKI, LINDA	10/19
DODDS, ROMAN	10/20
WITT, ALICE	10/22
LINDSTAEDT, RON	10/24
SASSE, FLORENCE	10/24
WERNER, KAY	10/25
OVERDUIN, ROSE	10/27
TUGGEY, SHARLINE	10/30
MCBAIN, JOAN	10/31
STEPHENS, GENE	10/31

SHAWN & VALERIE SMALL	10/2
KENT & NATALIE FOSSUM	10/4
BOB & JOYCE MC GHIE	10/10
RICHARD & THERESA SCHULTZ	10/11
BARRY & ROSEANN CARROLL	10/17

Adrienne, Eric, George, Stephanie, Lisa, Betty, Rick, Joy



Church Work Day
 Saturday October 1st
 9:00 am
 Come see what you can do!

Food of the Month
October – Peanut Butter
 For 5 Cities Christian Women's
 Food Pantry

CONTACT information



Church Council 2022

PRESIDENT

Wes Drysdale

VICE PRESIDENT

Janice Goodwin

TREASURER

Brian King

SECRETARY

Mark Haley

Youth & Children

Wes Drysdale

Worship & Music

Janice Goodwin

Stewardship

Frank Drake

Property

Mark Haley

Social Outreach

Emanda Miller

Global Missions

Pat Muran

Good News

Jeff Metcalfe

Louisa Troemel

At Large

STAFF

Saint John's Office Phone

805-489-1259

Pastoral Emergencies

310-613-0283

General E-mail

office@saintjohnsag.com

Greg Wallace Pastor

greg@saintjohnsag.com

Pam Glenn Office Manager

office@saintjohnsag.com

Cindi Wallace Child & Youth Ministry Dir

cindi@saintjohnsag.com

Council President

wadrysdale@gmail.com

Prayer Ministry Cindi Wallace

cindi@saintjohnsag.com

Kerry Wood Financial Secretary financialsecretary@saintjohnsag.com

Church Website www.saintjohnsag.com

Office Manager

Pam Glenn

Children & Youth Director

Cindi Wallace

Music Coordinator

Janice Goodwin

Chancel Choir & Handbells Director

Shari Bowman

Songfest Director

Cal Wood

Organist

Dawn Russ

How to Give to Saint John's

Go to www.saintjohnsag.com/give/ where you can learn more about donating with your credit or debit card or follow the link to give on-line. For more info, call the Church Office.

November Newsletter: **Deadline is October 15**

Thank you to Newsletter crew who fold & stuff the newsletter and mail it off each month.

The Eagle

Is published monthly by
Saint John's Lutheran Church
959 Valley Rd.
Arroyo Grande, CA. 93420
805-489-1259
Fax 805-489-8719
office@saintjohnsag.com

<p>Non-Profit U.S. Postage Paid Arroyo Grande, CA 93420 Permit No. 17</p>
<p>CHANGE SERVICE REQUESTED</p>